


# Tips for first day of Kindergarten:

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- get up in time to allow for a relaxed morning routine
  - send a family photo in your child's backpack that they can visit throughout the day if they need to feel connected to you
  - remind your child of who is picking them up. (You will be asked by an educator at drop-off.)
  - use a goodbye routine you have practiced with your child
  - remember to remain cheerful and reassure your child that they will be okay!
  - What to bring:
    - Large backpack
    - Lunch bag
    - Water bottle
    - Indoor shoes (Laceless, rubber sole, good for gym)
    - Two sets of extra clothes
    - **Please ensure all items are labelled with your child's name.**